

Student Name

ID Number

**BACHELOR OF ARTS/SCIENCE
KINESIOLOGY 2009-2011**

	BA
	BS

GENERAL EDUCATION CORE				
SKILLS COMPONENT	REQ	DONE	GRADE	NEED
ENGL 101/102	6			
ENGL 109				
COMM 101, 202, 203, 204, 205 or PHIL 201	3			
MTHT 130, 137, 138 MATH 123, 130,130A/130B, 137, 143/144, 147, 157/257, 170, 254	3			
HUMANITIES one Lit and one Art course (6 cr. required)				
ENGL 150, ENGL 257, ENGL 258, HUM 301	3			
ART 100,HUM 101, HUM 150, MUS 101, THEA 101	3			
NATURAL SCIENCES two courses required (7 cr. required)				
NS 150	3			
<i>and one of the following (See requirements in Emphasis Areas I & II):</i>				
BIOL 100, 102, 120, 175, 252				
CHEM 102, 105, 111				
FSCI 101				
GEOL 100,120	4			
NS 171 & 172				
PHYS 111, 205, 211				
SOCIAL SCIENCE three courses required (9 cr. required)				
ANTH 102, 120, 170				
ECON 101, 102, 201, 202				
GEOG 102				
HIST 101, 102, 111, 112				
HRPT 184, 185				
PHIL 120	9			
POLS 101, 285				
PSYC 101, 205				
SS 150, 184, 185				
SOC 101, 102				
INTEGRATIVE COMPONENT one course required				
ID, HUM, NS, SS 350/351	3			
TOTAL	37			
FOREIGN/HERITAGE LANGUAGE				
	REQ	DONE	GRADE	NEED
101				
102				
201				
202				
Take 16 credits of language classes if a Bachelor of Arts degree is desired, else optional.				
TOTAL				
KINESIOLOGY PROGRAM				
KINESIOLOGY CORE				
	REQ	DONE	GRADE	NEED
KIN 260 Intro to Kinesiology and Health	1			
KIN/HLTH 272 Fitness and Wellness	3			
KIN 348 Sports Medicine	3			
KIN 362 Biomechanics	3			
KIN 363 Physiology of Exercise	3			
KIN 370 Motor Learning/Motor Devel	3			
KIN 381 Test and Measurements in P.E.	3			
KIN 498 Senior Research/Project I	3			
KIN 499 Senior Research/Project II	3			
HLTH 288 Basic First Aid/CPR/AED	1			
HLTH 347 Stress Management	1			
HLTH 353 Nutrition	3			
<i>Select two of the following:</i>				
KIN 263 Skill/Anat: Tennis & Golf				
KIN 264 Skill/Anat: Basketball & Soccer	2			
KIN 266 Skill/Anat: Volleyball & Softball				
<i>Select one of the following (see requirements in Emphasis Area III):</i>				
KIN/PSYC 410 Sports Psychology	3			
KIN 420 Social-Cultural Aspects/Sports				
<i>Select one of the following:</i>				
HLTH 345 Death and Dying	1			
HLTH 346 Human Sexuality				
<i>Select one of the following:</i>				
HLTH 456 Drugs and Society				
HLTH 457 Drugs and the Athlete	1			
ADS/PSYC 243 Intro to Addiction Studies				
TOTAL	37			
NOTES, COMMENTS, SUBSTITUTIONS, WAIVERS				

EMPHASES - complete one of these four Emphasis Areas				
I. Exercise Science/Sports Medicine (22 credits)				
	REQ	DONE	GRADE	NEED
BIOL 252 A & P I				counted in core
HLTH 352 Tech/Health & Wellness Prof's	3			
KIN 434 Exercise Prescription	3			
KIN/HLTH 494 Internship: Exercise Sci...	3			
<i>Select nine (9) credits from the following:</i>				
HLTH 452 Hlth Promotion & Wellness Coaching				
KIN 433 Balance & Mobility				
KIN 435 Aging & Physical Activity	9			
KIN 467 Phys Act/Rec/Indiv/Spec Needs				
HLTH/KIN/REC 300 or 400 level (3 credits allowed)				
<i>Select one of the following:</i>				
CHEM 105 General, Organic, and Biochemistry	4			
CHEM 111 Principles of Chemistry I				
II. Health Promotion/Personal Training/Wellness Coaching (30 credits)				
KIN 355 Strat's/Tchg Physical Activities	3			
KIN 433 Balance & Mobility	3			
KIN 434 Exercise Prescription	3			
KIN 435 Aging & Physical Activity	3			
KIN 467 Phys Act/Rec/Indiv/Spec Needs	3			
HLTH 342 Community Health	3			
HLTH 452 Hlth Promotion & Wellness Coaching	3			
HLTH/KIN/REC 300 or 400 level	3			
KIN/HLTH 494 Internship: Health Promo...	3			
<i>Select one of the following:</i>				
KIN 472 Outdoor Education				
KIN 486 Org/Admin HPER	3			
HLTH 352 Tech/Health & Wellness Prof's				
<i>Select one of the following:</i>				
BIOL 175 Human Biol				counted in core
BIOL 252 Anat/Phys I				
III. Sport Administration / Coaching (28 credits)				
KIN 241 Sports Officiating	2			
KIN 341-7 Techniques of Coaching...	2			
KIN 352 Youth Sports & Recreation	3			
KIN/PSYC 410 Sports Psychology (required)	3			
KIN 420 Social-Cultural Aspects/Sports (required)				
KIN 425 Moral Reasoning in Sports	3			
KIN 486 Org/Admin HPER	3			
KIN 487 Sport Administration	3			
KIN 488 Sport Facilities & Event Management	3			
HLTH/KIN/REC 300 or 400 level	3			
KIN/HLTH 494 Internship: Sports Admin...	3			
IV. Youth Sports / Recreation (29 credits)				
KIN 241 Sports Officiating	2			
KIN 352 Youth Sports & Recreation	3			
KIN 355 Strat's/Tchg Physical Activities	3			
KIN 425 Moral Reasoning in Sports	3			
KIN 467 Phys Act/Rec/Indiv/Spec Needs	3			
KIN 472 Outdoor Education	3			
KIN 486 Org/Admin HPER	3			
KIN 488 Sport Facilities & Event Management	3			
KIN/HLTH 494 Internship: Youth Sports...	3			
HLTH 352 Tech/Health & Wellness Prof's	3			
TOTAL	22-30			
ELECTIVES				
	REQ	DONE	GRADE	NEED
TOTAL	24-32			
SUMMARY				
	REQ	DONE	GRADE	NEED
GENERAL EDUCATION CORE	37			
ELECTIVES	24-32			
LANGUAGE (not required)	0			
KINESIOLOGY EMPHASIS	22-30			
KINESIOLOGY CORE PROGRAM	37			
TOTAL	128			

128 Total Credit (minus remedial):

36 Upper Div. Credit:

32 Resident Credit (LCSC):

Advisor
(printed)

Advisor's Signature

Date

Division Chair
(printed)

Division Chair's Signature

Date